

Yearly Calendar for Monthly Retreats

St. Andrew's Day Retreats are held once a month as a sacred space to step away from the busyness of life, and intentionally focus on spiritual growth, personal well-being, and deep reflection. These retreats offer a peaceful environment for rest, prayer, silence, and guided practices that help participants reconnect with God and center their lives around what truly matters. Whether you're seeking renewal, discernment, or simply time to be still, these monthly retreats provide a life-giving renewal.

Overall Goals:

- 1. To provide intentional time for spiritual nourishment and communal bonding.
 - 2. To deepen understanding of our faith through study and reflection.
 - 3. To offer opportunities for active engagement and fellowship.
 - 4. To create a welcoming space for all members of the church community.
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Calendar

July 23, 2025

Cultivating Gratitude - A Hike to Hanover Pond

Location: [Quinnipiac River Gorge Trail/Hanover Pond Trail \(2.3miles\)](#)

Brief Description: This retreat invites participants to slow down and recognize the many ways God's goodness is revealed in daily life.

August 13, 2025

Living Water - Exploring Water Imagery in Scripture

Location: [Blackledge Falls in Glastonbury](#)

Brief Description: Join us for a transformative retreat day exploring the rich tapestry of water metaphors found throughout Scripture, exploring their continued spiritual significance for our lives today.

September 13, 2025

A Season of Generosity - Caring for God's Creation

Location: St Andrew's Memorial Garden

Brief Description: Join us for on this special retreat day dedicated to understanding and embracing our role as stewards of God's magnificent creation. This is in combination with St Andrew's Fall Work Day.

October 15, 2025

Roots & Foundations - Exploring Our Anglican Heritage

Location: Christ Church Cathedral, Hartford

Synopsis: Join us for a reflective and enriching day, learning and exploring Our Anglican Heritage. Participants will reflect on the deep historical, theological, and spiritual roots of the Anglican/Episcopal tradition, exploring how our past shapes our present identity and future mission.

November 1, 2025

Holy Companions - All Saints Reflection (Indoor)

Location: St Andrew's Parish Hall

Synopsis: This reflective retreat invites participants to journey through the sacred theme of remembrance, honoring the "great cloud of witnesses" who have gone before us.

December 2, 2025

Advent Anticipation - Waiting in Hope

Location: St Andrew's Parish Hall

Synopsis: This Advent retreat day invites participants into the quiet, sacred rhythm of waiting, as we prepare our hearts for the coming of Christ. The retreat offers a space to slow down, reflect, and make room for the mystery of the Incarnation.

January 14, 2025

New Beginnings - Visioning for the New Year

Location: St Andrew's Parish Hall

Synopsis: As a new year dawns, this retreat offers a sacred space for reflection, intention, and spiritual renewal. Participants will have the opportunity to creatively express their hopes, prayers, and spiritual goals for personal growth and deeper church engagement.

February 18, 2025

The Divine Expressed: Beauty, Belief, and the Human Spirit

Location: Wadsworth Anthanuem, Hartford

Synopsis: This retreat day is a contemplative retreat drawing upon art as a universal language of the soul, this retreat explores how diverse cultures and various faith traditions have expressed their experience of the divine.

March 4, 2025

Desert & Wilderness - Journeying Through Lent

Location: St Andrew's Parish Hall

Synopsis: This Lenten retreat day invites participants into the spiritual landscape of the desert and wilderness. Sacred spaces known to symbolize silence, struggle, and also encounter with God.

April 22, 2025

Resurrection Living - Embracing New Life

Location: Elizabeth Park, West Hartford

Synopsis: Set in the beauty and renewal of springtime at Elizabeth Park in West Hartford, this retreat day invites participants to reflect on the transformative power of the Resurrection and what it means to live as people of hope.

May 20, 2025

The Holy Spirit's Gifts - Empowered for Ministry

Location: Cathedral Pines, Cornwall CT

Synopsis: Set amidst the towering old-growth trees of Cathedral Pines, this retreat day offers a sacred space to explore the gifts of the Holy Spirit and how they empower us for ministry in the Church and service in the world.

June 10, 2025

Hospitality & Welcome - Extending God's Embrace

Location: Grace Farms Foundation, New Canaan CT

Synopsis: Set within the expansive beauty of Grace Farms in New Canaan CT, this retreat invites participants to explore the heart of Christian hospitality. Hospitality not as mere politeness, but as a spiritual practice rooted in God's own welcome.
